



ON-LINE edition

Programme

COIP's Key Concepts and Strategies. What

Makes us Achieve the Best Results?

Biomechanics applied to dental movement with aligners: Transverse, vertical and sagittal planes.

The KEY lies in the transverse plane.

Anchorage and SEQUENCE of movements. How to achieve predictability in your treatment plan.

The 3 basic principles in orthodontic treatments with aligners to be successful.

The importance of the lower incisor: The final position that guarantees success.

Other concepts associated with orthodontic treatments with transparent aligners:

- **1** TRUforces and Smartforces.
- Active and passive attachments:
 description, selection, design, application, cementation.
- **3** Power Ridges.
- Precision cuts for inter- or intra-maxillary elastics.
- **5** Bite ramps: application, selection of different types, design.
- **6** Pontics and semipontics. When to apply each one of them.
- **7** Stripping: interproximal reduction techniques, tools, and functions.

The Importance of the Transverse Plane.

Protocols that Solve the Most Common Problems.



Strategies for correct transverse arch development.



The importance of passive attachments in the development of the arch.



How to master root torques:

- Avoiding frequent posterior open bites.
- Mastering incisor torques.

Strategies to correct severe teeth overcrowding without extractions.

Protocols to correct severe mesiodistal angulations of crowns and roots.



How to avoid extractions due to osteodental discrepancy in 100% of cases.



Bone remodelling: How to achieve the impossible.



Effective re-centring of dental midlines.



Reciprocal movements. Mastering the "action-reaction" physical principle.

Orthodontics without Limitations.

How to Solve any Malocclusion with Aligners.

How to treat any type of malocclusion successfully. Selection of particularly complex cases.

Managing anchorages. Guided bone regeneration. Keys to achieve the results you want.

Strategies to avoid disinsertion of aligners, especially in lateral incisors.

How to avoid anchorage loss and the consequent maladjustment of aligners.

Protocols and tips for correcting extrusions and severe rotations.



Protocols that will Make your Life Easier when Correcting Class II Malocclusions.

Strategies to correct maxillary, mandibular and bimaxillary Class II malocclusions.

The importance of the second molar in the development of the arches to avoid the loss of anchorage.

COIP protocols for sequenced distalisation.

Passive attachments in Class II malocclusions. Where to place them.

Why not to use power ridges. How to master root torque.

Intermaxillary elastics. Type, size and force for each malocclusion. When to use them.

Mesialisation of lower molars and premolars.



Using Micro-screws for Best Results.

The Importance of Treating Overbites Effectively. Methods.

Micro-screws for anchoring and accelerating the correction of Class II malocclusions.

Protocols and explanatory videos to learn how to place them.

How to approach the torque of incisors in both arches to avoid posterior open bites.

Protocols for incisor intrusion.

Differences between the upper and lower arch.

Curve of Spee. Curve of Wilson.

IPR planning to achieve correct anterior intrusion.



Treating Vertical Problems and Extreme Cases with Aligners.

Strategies in Multidisciplinary Cases. Implants and Dental Aesthetics.

Aesthetics and Smile Design.



Pure Intrusion vs. Relative Intrusion. Differences and applications.

Pure Extrusion vs. Relative Extrusion. Differences and applications.

Attachments to use and to avoid in the correction of open bites.

Correction of open bites by expansion and posterior intrusion. A new paradigm.

Correction of gummy smiles with aligners.

Using micro-screws in posterior intrusions.

The relation between the upper incisor and the upper lip to balance a smile.

Strategies to create spaces for implant placement.

How to straighten molars predictably. Moves to avoid.

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